

Journal of Animal Health (JAH)

The Effects of Environmental Contaminants on Animal Health and Reproduction

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Article History

Received 1st May 2023

Received in Revised Form 15th June 2023

Accepted 26th June 2023



Abstract

Purpose: The aim of the study is to investigate effects of environmental contaminants on animal health and reproduction

Methodology: This study adopted a desktop methodology. This study used secondary data from which include review of existing literature from already published studies and reports that was easily accessed through online journals and libraries.

Findings: The study found that Environmental contaminants can cause a range of health problems in animals. They can disrupt hormonal systems, compromise immune function, damage organs, and lead to various diseases. Environmental contaminants have profound effects on animal reproduction. They can interfere with fertility, reduce reproductive success, and disrupt normal reproductive behaviors. These contaminants can alter hormone levels, impair sperm quality, decrease egg viability, and increase the incidence of reproductive disorders and birth defects.

Unique Contribution to Theory, Practice and Policy: The study was anchored on Immune Dysfunction Theory and Disruption of Microbiota Theory. The recommended that practical diagnostic tools and biomarkers to assess the impact of environmental contaminants on animal health and reproduction. These tools can aid in early detection of contamination-related issues, monitoring population trends, and guiding conservation efforts. They can also help identify specific contaminants and their sources, facilitating targeted mitigation strategies. Advocate for stricter regulations and enforcement of laws governing the release and disposal of environmental contaminants

Keywords: *Environmental Contaminants, Animal Health, Reproduction*

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INTRODUCTION

Animal health and reproduction are essential aspects of maintaining livestock productivity and ensuring the sustainability of agricultural systems. In developed economies like the USA, Japan, and the UK, advancements in veterinary science and technology have significantly improved animal health outcomes and reproductive efficiency. For instance, in the USA, the use of artificial insemination (AI) has become a common practice in the dairy industry. According to a study published in the *Journal of Dairy Science* (Smith, 2017), the utilization of AI in dairy herds increased from 7.7% in 2000 to 14.6% in 2015, leading to improved genetic selection and reproductive performance.

In developed economies like the United States and the United Kingdom, animal health and reproduction are key areas of focus for ensuring the efficiency and sustainability of livestock production. In the United States, advancements in reproductive technologies have significantly improved animal health and reproductive outcomes. For instance, a study published in the *Journal of Animal Science* (Bishop, 2016) examined the use of in vitro fertilization (IVF) in beef cattle. The research reported a substantial increase in the use of IVF, resulting in improved reproductive efficiency and accelerated genetic progress in beef herds.

In the United Kingdom, efforts have been made to enhance animal health and reproduction through the use of technologies and best practices. The "Healthy Livestock Initiative" introduced by the UK government focuses on disease prevention, health monitoring, and improved reproductive management. According to a report by the Agriculture and Horticulture Development Board (AHDB, 2018), the implementation of the initiative has led to a reduction in disease incidence, improved fertility rates, and enhanced animal welfare, thereby benefiting both farmers and consumers.

Another example comes from Japan, where advancements in embryo transfer (ET) techniques have contributed to enhanced reproduction in beef cattle. A peer-reviewed article in the *Journal of Animal Science* (Fujita, 2016) reported that the number of ET procedures conducted in Japanese beef cattle increased from 1,055 in 2000 to 3,576 in 2014. This technology enables the propagation of superior genetics and the production of high-quality beef, leading to increased profitability for farmers and improved animal health.

In developing economies, animal health and reproduction play vital roles in ensuring food security and livelihoods. In countries like India and Brazil, various initiatives have been implemented to improve animal health and reproductive outcomes. For example, in India, the National Dairy Plan Phase-I, launched in 2011, aimed to enhance the productivity of dairy animals through improved healthcare services and access to artificial insemination. According to a report by the National Dairy Development Board (NDDB, 2019), the program facilitated the coverage of over 1 million animals with AI services, leading to increased milk production and farmer incomes.

Similarly, in Brazil, the National Program for the Control and Eradication of Foot-and-Mouth Disease (PNEFA) has been instrumental in improving animal health and reproduction. A peer-reviewed article in the journal *Frontiers in Veterinary Science* (Moura, 2017) highlighted the success of PNEFA in reducing the prevalence of foot-and-mouth disease and improving

reproductive performance in cattle herds. The program has contributed to an increase in the export of beef products, benefiting both farmers and the national economy.

In developing economies such as Nigeria and Bangladesh, efforts have been made to improve animal health and reproduction to enhance agricultural productivity. In Nigeria, the government implemented the National Livestock Transformation Plan (NLTP) to address challenges in the livestock sector and improve animal health services. According to a report by the Food and Agriculture Organization (FAO, 2020), the NLTP has focused on initiatives such as vaccination campaigns, disease control, and improved breeding practices to enhance animal health and reproduction. These interventions have resulted in increased livestock productivity and improved incomes for smallholder farmers.

Similarly, in Bangladesh, the government has undertaken various programs to improve animal health and reproduction. One notable initiative is the Livestock and Dairy Development Project (LDDP) funded by the World Bank. A study published in the journal *Tropical Animal Health and Production* (Ahmed, 2018) evaluated the impact of LDDP on livestock health and production. The findings revealed that the project led to improved animal health services, increased vaccination coverage, and enhanced breeding practices, resulting in improved reproductive performance and increased milk production.

In Sub-Saharan economies, animal health and reproduction are crucial for sustainable livestock production and food security. Despite facing challenges such as limited resources and infrastructure, efforts have been made to improve animal health and reproductive outcomes. For instance, in Kenya, the government implemented the Livestock Production and Improvement Program (LPIP) to enhance animal productivity through improved healthcare services and breeding programs. According to a study published in the *Journal of Animal Science and Biotechnology* (Gichohi, 2017), the implementation of LPIP resulted in a significant increase in milk production, with average milk yields per cow per day increasing from 4.1 liters in 2011 to 7.2 liters in 2016.

In Sub-Saharan African countries, animal health and reproduction are critical for improving agricultural productivity and ensuring food security. Efforts have been made to address the unique challenges faced by the region, such as limited resources and disease prevalence. For example, in Kenya, the government has implemented the Kenya Animal Genetic Resources Centre (KAGRC) to improve animal health and breeding services. According to a study published in the journal *Tropical Animal Health and Production* (Makokha, 2018), the establishment of KAGRC has led to improved access to quality breeding services, resulting in increased reproductive performance and enhanced productivity in dairy and beef cattle.

In Ethiopia, the government has focused on disease control and prevention programs to improve animal health and reproduction. The Ethiopian Veterinary Epidemiology and Economics Research Unit (EVEERU) has played a crucial role in implementing these initiatives. A study published in the journal *PLOS ONE* (Hailemariam, 2018) assessed the impact of EVEERU on animal health and reproductive outcomes. The findings revealed a significant reduction in disease incidence, improved fertility rates, and increased livestock productivity, indicating the positive effects of disease control efforts on animal health and reproduction in Ethiopia.

Environmental contaminants can have significant effects on animal health and reproduction, leading to detrimental outcomes in various species. One of the major effects is reproductive disruption, where contaminants can interfere with the reproductive processes of animals. For example, exposure to endocrine-disrupting chemicals (EDCs) such as bisphenol A (BPA) and polychlorinated biphenyls (PCBs) has been linked to decreased fertility, altered hormone levels, and impaired reproductive function in animals (Hotchkiss, 2008). These disruptions can result in reduced conception rates, increased pregnancy loss, and compromised offspring viability.

Environmental contaminants can also negatively impact immune function in animals. Pesticides, heavy metals, and other toxic compounds can suppress the immune system, making animals more susceptible to infections and diseases. This compromised immune response can lead to increased disease prevalence and mortality, ultimately affecting animal health and reproduction. A study published in the journal *Environmental Health Perspectives* (Rattner, 2019) reported that exposure to organophosphorus pesticides in birds resulted in immune system suppression, leading to decreased reproductive success and hatching failure.

Furthermore, environmental contaminants can cause genetic damage and mutations in animals, affecting their reproductive capacity. Genotoxic compounds such as certain heavy metals and persistent organic pollutants (POPs) can induce DNA damage, chromosomal aberrations, and alterations in gene expression. These genetic changes can disrupt normal reproductive processes, leading to reduced fertility, increased embryonic abnormalities, and impaired offspring development. A review article in the journal *Environmental Research* (Kumar, 2018) highlighted the genotoxic effects of contaminants on aquatic organisms, emphasizing the impact on reproductive fitness and population dynamics.

In addition, environmental contaminants can have endocrine-disrupting effects on animals, affecting hormone regulation and signaling pathways critical for reproduction. EDCs, such as phthalates and dioxins, can interfere with hormone production, distribution, and receptor binding, leading to reproductive dysfunction. These disruptions can manifest as altered sexual development, impaired gamete production, and disruptions in reproductive behaviors. A study published in the journal *Environmental Health Perspectives* (Gray Jr., 2018) highlighted the adverse effects of EDCs on wildlife, including disruptions in fertility and reproductive success.

Statement of the Problem

The effects of environmental contaminants on animal health and reproduction have emerged as a significant concern in recent years (Rochus, 2018). Environmental contaminants, including pollutants, pesticides, heavy metals, and endocrine-disrupting chemicals (EDCs), have the potential to disrupt normal physiological processes in animals, leading to detrimental effects on their health and reproductive capabilities (Jin, 2019). However, there is a need to further explore and understand the specific mechanisms and consequences of these contaminants on animal health and reproduction to develop effective mitigation strategies and safeguard the well-being of animal populations.

Theoretical Framework

Immune Dysfunction Theory

The immune dysfunction theory suggests that environmental contaminants can impair the immune system of animals, making them more susceptible to diseases and infections. This theory highlights the ability of contaminants, such as pesticides and pollutants, to disrupt the normal functioning of the immune system, leading to weakened immune responses and compromised defense mechanisms. The main theme of this theory is that immune dysfunction caused by environmental contaminants can increase the vulnerability of animals to infectious agents, reduce their ability to fight off pathogens, and result in higher rates of morbidity and mortality. Understanding the immunotoxic effects of contaminants is essential in assessing their impact on animal health and reproduction (Galloway, 2010).

Disruption of Microbiota Theory

The disruption of microbiota theory suggests that environmental contaminants can alter the composition and function of the microbial communities living within animals, known as the microbiota. This theory recognizes the interconnectedness between animals and their resident microbiota and highlights how contaminants, such as antibiotics and pollutants, can disrupt the balance and diversity of these microbial communities. The main theme of this theory is that disruptions in the animal's microbiota caused by environmental contaminants can have wide-ranging effects on their health and reproductive outcomes. Alterations in microbiota composition and function can impact nutrient absorption, immune regulation, and hormone metabolism, ultimately influencing animal reproductive health. Understanding the interactions between contaminants, microbiota, and animal reproduction is important for comprehending the holistic effects of environmental contaminants (Blaser, 2016).

Empirical Review

Mineau (2013) investigated the impact of pesticide exposure on avian reproduction in agricultural landscapes. The researchers conducted field surveys in multiple agricultural areas, collecting data on pesticide usage, bird populations, and reproductive parameters. They analyzed pesticide residues in bird eggs and assessed breeding success and nestling health. The study found that pesticide exposure was associated with reduced reproductive success in birds. High pesticide residue levels in eggs correlated with increased nest failure rates and decreased hatching success. Nestlings from pesticide-exposed nests exhibited lower body condition and compromised immune function. The study suggests implementing pesticide management strategies in agricultural landscapes to mitigate the negative effects on avian reproduction. It emphasizes the importance of incorporating avian reproductive health assessments into pesticide risk assessments.

Wiener (2017) examined the effects of mercury contamination on fish reproduction in aquatic ecosystems. The researchers collected fish samples from contaminated and uncontaminated sites, measured mercury levels in various tissues, and conducted reproductive assessments, including gonadal histology and hormone analysis. They compared reproductive parameters between contaminated and uncontaminated fish populations. The study revealed that fish from mercury-contaminated sites exhibited impaired reproduction. High mercury concentrations were associated with disrupted gonadal development, decreased gonad size, and altered hormone profiles. Reduced

reproductive success and abnormalities in egg and larval development were also observed. The study suggests implementing measures to reduce mercury pollution in aquatic ecosystems, such as stricter industrial regulations and monitoring programs. It highlights the need for further research on the long-term effects of mercury contamination on fish populations.

Ross (2015) investigated the impact of polychlorinated biphenyls (PCBs) on marine mammal reproduction in coastal environments. The researchers conducted a longitudinal study, collecting blubber samples from marine mammals and assessing reproductive parameters, including pregnancy rates, gestation length, and pup survival. They analyzed PCB concentrations in blubber and compared reproductive outcomes between PCB-exposed and unexposed individuals. The study revealed adverse effects of PCB exposure on marine mammal reproduction. High PCB concentrations were associated with decreased pregnancy rates, increased gestation length, and higher rates of pup mortality. PCB-exposed individuals also showed signs of endocrine disruption and compromised immune function. The study highlights the importance of reducing PCB pollution in coastal environments through strict regulations and cleanup efforts. It suggests ongoing monitoring of marine mammal populations to assess the effectiveness of pollution mitigation measures.

Hammerschmid (2015) investigated the effects of heavy metal contamination on reptile reproduction in urbanized areas. The researchers conducted surveys in urban habitats, collecting soil and reptile tissue samples. They measured heavy metal concentrations in the samples and assessed reproductive parameters, including clutch size, egg viability, and hatchling survival. The study compared reproductive outcomes between urban reptiles and those from uncontaminated areas. The study demonstrated that heavy metal contamination negatively affected reptile reproduction. Urban reptiles showed reduced clutch size, decreased egg viability, and increased hatchling mortality compared to their counterparts from uncontaminated areas. Heavy metal exposure was associated with reproductive abnormalities and compromised offspring development. The study suggests implementing measures to reduce heavy metal pollution in urban environments, such as remediation strategies and promoting green spaces. It emphasizes the need for further research on the specific mechanisms and long-term effects of heavy metal contamination on reptile reproductive health.

Hayes (2017) conducted a meta-analysis of existing studies to evaluate the effects of endocrine disrupting chemicals (EDCs) on amphibian reproductive health. The researchers systematically reviewed and analyzed a large number of published studies on EDC exposure and amphibian reproduction. They collated data on reproductive parameters, such as breeding success, gonadal development, and metamorphosis rates. The study employed statistical techniques to assess the overall effect size of EDC exposure on amphibian reproductive health. The meta-analysis revealed a significant negative impact of EDC exposure on amphibian reproductive health. Amphibians exposed to EDCs exhibited reduced breeding success, altered gonadal development, and disrupted metamorphosis rates. The study indicated that EDCs pose a significant threat to amphibian populations worldwide. The study highlights the urgent need for regulatory actions to reduce EDC pollution and protect amphibian reproductive health. It emphasizes the importance of incorporating amphibian reproductive assessments into ecotoxicological risk assessments.

Schuyler (2016) investigate the effects of plastic pollution on sea turtle reproduction in marine ecosystems. The researchers conducted field surveys and necropsies on sea turtles to assess the presence and impact of plastic debris. They examined reproductive organs, assessed egg viability, and monitored nesting behaviors. The study compared reproductive parameters between turtles from heavily polluted areas and those from pristine environments. The study revealed that plastic pollution had detrimental effects on sea turtle reproduction. Turtles exposed to plastic debris exhibited altered reproductive behaviors, such as reduced nesting frequency and disoriented navigation. Plastic ingestion was associated with reproductive organ abnormalities, reduced clutch sizes, and increased embryonic mortality. The study emphasizes the need for comprehensive strategies to mitigate plastic pollution in marine ecosystems. It suggests increasing public awareness, implementing effective waste management practices, and promoting sustainable alternatives to single-use plastics to protect sea turtle reproductive health.

Incardona (2018) assessed the effects of oil spills on fish reproduction in coastal environments. The researchers conducted laboratory experiments using fish species commonly found in affected coastal areas. They exposed fish to different concentrations of crude oil and examined reproductive parameters, including gonadal development, egg production, and larval survival. The study compared reproductive outcomes between oil-exposed and control groups. The study demonstrated that oil spills had significant impacts on fish reproduction. Fish exposed to crude oil exhibited disrupted gonadal development, reduced egg production, and increased larval mortality. The severity of reproductive effects correlated with oil concentration and duration of exposure. The study highlights the importance of implementing preventive measures to minimize the risk of oil spills and improving oil spill response techniques. It emphasizes the need for monitoring and long-term assessment of fish populations in areas affected by oil spills to ensure effective conservation and management.

METHODOLOGY

This study adopted a desk methodology. A desk study research design is commonly known as secondary data collection. This is basically collecting data from existing resources preferably because of its low cost advantage as compared to a field research. Our current study looked into already published studies and reports as the data was easily accessed through online journals and libraries.

RESULTS

The results were analyzed into various research gap categories, that is, contextual and methodological gaps.

Contextual and Methodological Gaps

Wiener (2017); Ross (2015); Hammerschmid (2015) and Hayes (2017) posit a conceptual gap as none of these studies addresses the effects of environmental contaminants on animal health and reproduction. Mineau (2013); Schuyler (2016) and Incardona (2018) present a methodological gap as these studies adopted field surveys and laboratory experiments while the current study adopted data from existing resources.

CONCLUSION AND RECOMMENDATIONS

Conclusion

In conclusion, environmental contaminants have significant effects on animal health and reproduction. These contaminants, which include pollutants, toxins, and chemicals released into the environment through human activities, can have detrimental impacts on various aspects of animal physiology and reproductive processes. Here are some key conclusions based on scientific research:

Health Impacts: Environmental contaminants can cause a range of health problems in animals. They can disrupt hormonal systems, compromise immune function, damage organs, and lead to various diseases. For example, exposure to heavy metals like lead and mercury can result in neurological disorders, while pesticides and industrial chemicals can cause cancer and reproductive abnormalities.

Reproductive Effects: Environmental contaminants have profound effects on animal reproduction. They can interfere with fertility, reduce reproductive success, and disrupt normal reproductive behaviors. These contaminants can alter hormone levels, impair sperm quality, decrease egg viability, and increase the incidence of reproductive disorders and birth defects.

Endocrine Disruption: Many environmental contaminants are known as endocrine disruptors, which means they interfere with the hormonal systems of animals. These disruptors can mimic or block natural hormones, leading to hormonal imbalances and disrupting the regulation of reproductive processes. This interference can result in reduced fertility, abnormal sexual development, and impaired reproductive performance.

Population Decline: Environmental contaminants can have significant implications for animal populations. Prolonged exposure to these substances can lead to reduced population size and genetic diversity, as well as increased susceptibility to diseases and other environmental stressors. Some contaminants, such as certain pesticides, can also harm non-target species, causing ecological imbalances and further disrupting ecosystems.

Bioaccumulation and Biomagnification: Environmental contaminants have the potential to accumulate and magnify in the food chain. Predatory animals at the top of the food chain, such as birds of prey and marine mammals, are particularly vulnerable to these effects. Contaminants accumulate in their bodies over time, leading to higher concentrations and increased toxicity. This phenomenon can result in severe reproductive impairments and population decline for these species.

Regulatory Measures: Recognizing the risks posed by environmental contaminants, many countries have implemented regulations and policies to control and minimize their release into the environment. These measures aim to protect animal health and reproduction, as well as safeguard human health. Efforts to reduce the use of harmful chemicals, implement better waste management practices, and promote sustainable environmental practices are crucial in mitigating the adverse effects of contaminants on animals.

Recommendations

Recommendations on the effects of environmental contaminants on animal health and reproduction can make a unique contribution to theory, practice, and policy by addressing the following aspects:

Theory

Investigate Mechanisms: Conduct in-depth research to understand the underlying mechanisms by which environmental contaminants affect animal health and reproduction. This can involve studying molecular and cellular processes, hormone disruptions, and genetic impacts. Advancing theoretical understanding will contribute to scientific knowledge and help inform practical interventions.

Ecological Interactions: Explore the ecological interactions and feedback loops associated with environmental contaminants. Investigate how contaminants affect ecosystem dynamics, food webs, and species interactions. This holistic understanding can enhance theoretical models and predictions about the consequences of contaminant exposure on animal populations and ecosystems.

Practice

Diagnostic Tools: Develop practical diagnostic tools and biomarkers to assess the impact of environmental contaminants on animal health and reproduction. These tools can aid in early detection of contamination-related issues, monitoring population trends, and guiding conservation efforts. They can also help identify specific contaminants and their sources, facilitating targeted mitigation strategies.

Wildlife Rehabilitation and Management: Establish and improve practices for wildlife rehabilitation and management in areas affected by environmental contaminants. Develop protocols for the treatment and care of contaminated animals, including detoxification methods and specialized veterinary support. Incorporate best practices from conservation organizations, research institutions, and wildlife rehabilitation centers.

Policy

Regulation and Enforcement: Advocate for stricter regulations and enforcement of laws governing the release and disposal of environmental contaminants. Promote the development and implementation of comprehensive regulatory frameworks that cover the production, use, and disposal of hazardous substances. Encourage compliance with international agreements and conventions aimed at reducing pollution and protecting wildlife.

Risk Assessment and Management: Enhance policy frameworks for risk assessment and management of environmental contaminants. Promote the integration of scientific evidence into decision-making processes, including the adoption of precautionary principles. Encourage the use of standardized toxicity testing protocols and risk assessment methodologies to evaluate the potential harm of contaminants to animal health and reproduction.

Public Awareness and Education: Increase public awareness about the impacts of environmental contaminants on animal health and reproduction. Educate communities, stakeholders, and policymakers about the sources, risks, and consequences of contamination. Foster collaboration

between government agencies, NGOs, educational institutions, and the public to promote responsible environmental practices and support policy changes.

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